## Collaborative Professionals of the East Bay (CPEB) Mentors and Mentees

#### Goals:

- 1. To welcome new members and encourage their active participation in CPEB.
- 2. To educate members regarding collaborative practice for the benefit of the member and the benefit of the group.
- 3. To introduce new members to the benefits and limitations of membership in CPEB, thereby setting appropriate expectations as to what the CPEB practice group has to offer.
- 4. To provide guidance to the mentee as requested on a collaborative case.

#### Mentees

The Membership Committee chairperson will notify the Facilitation and Mentoring Committee (hereafter "F&M Committee") when a new member's application is approved. The F&M Committee Chair will then assign a mentor to the new member. Existing members can also request a mentor by submitting requests to the F&M Committee.

#### <u>Mentors</u>

A mentor can be anyone who expresses willingness and meets the following requirements. Mentors from the same discipline will be assigned to Mentees by the F&M Committee Chair from the panel of Mentors.

- 1. 5 years professional practice working with couples, families, or children in divorce or separation;
- 2. Has worked on a minimum of 5 collaborative cases;
- 3. Has been approved to be a Mentor by the F&M Committee.

#### Mentoring in practice:

A Mentor will be committed to the role of Mentor for a specific Mentee for a period of 6 months, which can be extended if the Mentor and Mentee so agree. It is the Mentor's obligation to set boundaries on the amount of time and the nature of the assistance, keeping in mind the goals of mentoring listed above.

A Mentor will meet with the Mentee (lunch, coffee, etc.) soon after he/she joins CPEB. At the meeting, the Mentor will go through the New Member packet, emphasizing the importance of committee membership, participating in the group, networking, marketing self to grow the group and her/his own practice, and the effective use of the List Serv. The Mentor will be reimbursed for reasonable expenses by submitting a receipt to the CPEB treasurer.

### Limitations of the role of Mentor:

- 1. Mentoring is purely informal consultation (it does not constitute a formal affiliation in any case).
- 2. The Mentor's role is not supervisory;
- 3. There is no consideration for services provided by a Mentor;
- 4. The Mentor has no decision-making authority relative to a Mentee's work;
- 5. The Mentee is the sole decision-maker regarding his/her professional work.
- 6. The Mentee shall disclose to all team members the identity of his/her Mentor when the Mentee is receiving consultation in a specific collaborative case.

# CPEB APPLICATION TO BE A MENTOR

Thank you for completing this application to be a Mentor for CPEB. This application should be filled out in full and submitted to the Chair of the Facilitation and Mentoring Committee. The role of Mentor has been outlined in the in the CPEB Mentor and Mentee document, which is available in the File section of the CPEB listsery:

www.groups.yahoo.com/group/CPEB

You will be notified whether or not you are on the Mentor Panel. When you are chosen to be a Mentor, you will be contacted by phone or email by the Mentor Program administrator(s). Serving as a Mentor, as opposed to just being listed on the Mentor Panel, fulfills your CPEB minimum committee requirement for any year in which you perform the role of Mentor.

Again, thank you for your interest in participating in the role of Mentor for our CPEB group.

Name
Telephone E-mail
Office Address
Professional Affiliation
Do you have at least 5 years of professional experience working with families, children or couples in divorce or separations? Yes No
Have you worked on at least five collaborative cases? Yes No

Thank you for your application!

Please return the application to Catherine Trimbur, Chair of CPEB F&M Committee P.O. Box 7248, Berkeley, CA 94707, Fax 510-849-4827, email <a href="mailto:ct@bt-law.net">ct@bt-law.net</a>